

# Kinderkinetics

## What is it?

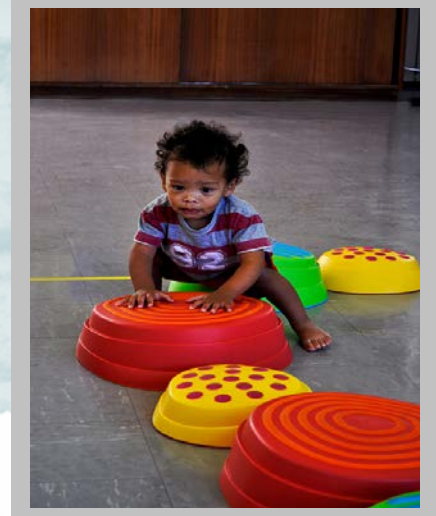
Kinderkinetics involves the development in movement of a learner in totality.

This programme will be therapeutic, preventive and will be presented as an advancement to suit the developmental or physical needs of your child as determined through scientifically based evaluations.

Correction, improvement and maintaining of the physical development of babies, toddlers and young children, prove to have benefits for their health, as well as their total wellbeing.

For general gross motor development the critical phase for stimulation is from birth to 5 years of age. Optimal perceptual motor development would take place between 3.5 years of age to 7 years and fine motor development from birth to 9 years of age. A lack of necessary motor stimulation can have an overwhelming negative effect on the child later in life, which will consequently lead to disabilities and limitations on various levels of development, such as motor skills, physical ability, psychosocial skills and emotional functioning.

Kinderkinetics has a therapeutic, preventing and / or improving aspect to meet the specific needs of your child, as determined through a scientific evaluation process. Kinderkinetics consists of various programmes, which differ according to the individual needs of children as well as different levels of age and skill.



## Who will be working with your child?

A qualified Kinderkineticist with:

- \* A degree in Human Kinetics (B.A. Psychology)
- \* Training courses as coach for sporting activities
- \* Full time Honours Degree with specialisation in Kinderkinetics



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